ATHLETE OF THE WEEK

At UR, Ikeda Matches Studies with Soccer

BY SEAN CORCORAN CONTRIBUTING WRITER

UR Men's Soccer (URMS) has gotten out to a blistering 7–0–1 undefeated start to their 2016 season. Sophomore Bryce Ikeda scored the winning penalty goal against RIT in the annual Hillside Shield game on September 17th and, on Tuesday, scored another game-winner at Alfred University. UAA action continues on the road next Saturday against the University of Chicago,

as UR preps for the most daunting stretch of the regular season.

Why soccer? How did this sport become an integral part of your life?

When I was little, I tried a little bit of every sport-basketball, baseball, swimming, etc.-but soccer was the one I looked forward to the most. I connected the best with the guys on my soccer team, and I'm still best friends with most of them to this day. Eventually, when I got to the age where I needed to pick one sport to focus on, I chose soccer, and it's been the best decision I've ever made.

When did you first find out about UR? When were you sold on coming here?

I first found out about the UR when I was looking for colleges my junior/senior year of high school. I knew I wanted to become an engineer, play soccer, and live in a cold environment, so the University had everything I was looking for. Once I made my visit, and after Coach Chris Apple, Coach Jack Burgasser, and my teammate Pete Martin showed me around, I decided I loved the soccer program, the campus, and the academics. I wanted to be a part of it.

How did it feel to be a solid team contributor as a freshman last year and step into a key role as a sophomore?

At first, as a freshman, I was just happy to get playing time, but as the season went on, I found that it wasn't enough for me to play for myself to get playing time, but to play for the team so we could be the best we can be. This year, we have really been able to come together and play for each other, making this season the most fun so far.

What has been the most memorable moment of your UR Soccer career so far?

The most memorable moment I've had so far was scoring my first goal during the Community Shield game against RIT. We received a penalty kick during overtime and no one was moving to get the ball to take the kick, so I decided I would. I was really nervous, my heart was pounding, and I was thinking to myself: "Why did I choose to take the kick?" But when I scored the goal to win the game, it felt amazing.

Would you prefer to visit Earth in 2100 or travel back to 1900, and why?

I would prefer to visit Earth in 2100 because 1900 wouldn't have invented any of my favorite foods yet. I'm also only 19, so there's still a possibility that I could actually visit Earth in 2100, so

Rugby Can't be Ruffled



LEAH NASON / PHOTO EDITOR

Players on UR Women's Rugby team struggle with opposition during a play.

CONTRIBUTING WRITER

UR's Women's Rugby team, nicknamed the "Sledgehammers," is not to be messed with.

Just last year, the group ranked fifth in the nation within the National Small College Rugby Organization (NSCRO). This year, the team aims to make Nationals, an ambitious but feasible goal, given their continued success.

Coming off a win against Niagara University, the Sledgehammers knew they had to step up their game against rival St. Bonaventure on Saturday. Women's Rugby President, senior Catherine Yip suggested that the team would need to play to their strengths of "speed and agility," while also making sure to "spread out the field."

Saturday's game showed that the team's' practice had payed off.

After a final run down the sideline, the Sledgehammers defeated their opponent. According to junior Becca Silver, the results are due to the team's newcomers.

"[We] nailed the recruitment and we've been able to keep building a stronger team," Silver said. "We've been able to fill those holes and come into the season just as strong as we were last season."

After graduating seven seniors last year, Recruitment Chairs sophomore Tor Breza and junior Ellie Sachse worked hard to fill the gap for the fall season. This isn't always an easy task, as many people characterize rugby as a dangerous sport.

But despite that, Publicity Chair Gabriella Catera expressed that, for many, those stereotypes

into this team having no experience, or even athletic experience in general, and have fallen in love with the sport, myself included," Catera said.

While many people considering playing rugby worry about the dangers, Yip and others echoed the importance the team places on the safety of each individual.

"We are committed to being a safe, fun sport that anyone can join, and each year we try and do a little better than the last," Yip said.

As a new recruit, senior Carolyn John affirmed the commitment the Sledgehammers have to safe practices.

"The first thing we did at the first practice was learn how to fall safely.'

The Sledgehammers are committed not only to every player's safety, but also to individual attention.

Before every game, each player sets out with a goal that they want to accomplish, and after, a "man and maid of the match" (a title for a team veteran and a title for a team rookie) are awarded to the two players who went above and beyond to achieve their goals.

The mix of individualized attention and team camaraderie is a hallmark of the UR rugby squad. Not only do they exude intensity, but the Sledgehammers find a way to create an inclusive and supportive environment that fosters realization of personal goals and team success.

With their recent victory against St. Bonaventure, the Sledgehammers will go into their last two matches of the regular season knowing that they have defeated their biggest rivals. The team is

ROCHEST PHOTOS COURTESY OF UR ATHLETICS

Bryce Ikeda.

LAST WEEK'S SCORES

SEPT. 25

WOMEN'S TENNIS MEN'S GOLF AT LIBERTY LEAGUE FALL TOURNAMENT-1ST OF 7

SEPT. 27

MEN'S SOCCER AT ALFRED UNIVERSITY- W 1-0 WOMEN'S SOCCER VS. NAZARETH COLLEGE-L 1-3

SEPT. 28

FIELD HOCKEY AT NAZARETH COLLEGE - W 3-0 WOMEN'S VOLLEYBALL VS. RIT-W 3-0 MEN'S TENNIS VS. ROBERTS WESLEYAN COLLEGE - L 3-6

OCT. 1

WOMEN'S VOLLEYBALL VS. EMORY, CASE WESTERN RESERVE - L 1-3, W 3-2 FOOTBALL VS. RPI-L 13-51 FELD HOCKEY AT SUNY NEW PALTZ - W 2-1 MEN'S SOCCER VS. WASHU.- T 3-3 WOMEN'S SOCCER WASHU.- W 3-1

THIS WEEK'S SCHEDULE

OCT. 3

MEN'S GOLF AT OGLETHORPE UNVERSITY ROYAL LAKES INVITATIONAL- DAY 1-8:00A M

MEN'S TENNIS VS. ITA REGIONAL CHAMPIONSHIPS-DAY 3-GENEVA, NY- 8:30A.M

OCT. 4

MEN'S GOLF AT OGLETHORPE UNVERSITY ROYAL LAKES INVITATIONAL- DAY 2-8:00A.M. FELD HOOKEY VS. ST. JOHN FISHER OOLLEGE -5:00P.M

WOMEN'S SOCCER VS. ST JOHN FISHER COLLEGE-7:30P.M.



OCT. 7

MEN'S SQUASH AT US SQUASH INTERCOLLEGIATE DOUBLES CHAMPIONSHIPS -PHI ADE PHA. PA WOMEN'S VOLLEYBALL VS. SUSQUENHANNA UNVERSITY, ALDRED STATE COLLEGE -WILLIAMSPORT, PA - 4:00P.M., 8:00P.M.

OCT. 8

MEN'S SQUASH AT US SQUASH INTERCOLLEGIATE DOUBLES CHAMPIONSHIPS -PHI ADEI PHIA PA WOMEN'S ROWING VS. HEAD OF THE GENESSE - 8:00A.M. WOMEN'S VOLLEYBALL AT LYCOMING COLLEGE- 10:00P.M., VS. WILKES UNVER-SITY-WLLAMSPORT,PA-12:00P.M. FOOTBALL VS. ST. LAWRENCE - 1:00P.M. FIELD HOCKEY AT VASSAR COLLEGE - POUGHKEPSIE, NY-1:00P.M. MEN'S SOCCER AT U.CHICAGO - 2:30P.M.

WOMEN'S SOCCER AT U.CHICAGO -12:00P.M.

WHAT TO WATCH FOR

FIELD HOCKEY VS ST. JOHN FISHER COLLEGE ON OCT 4 AT 5PM

The Yellowjackets will face the Cardinals at home on Tuesday. St. John Fisher is currently 7–2.

that's another plus! Corcoran is a member of the Class of 2018.	don't dampen their passion for the sport. "So many people have come	looking to win states and beyond. Graham is a member of the Class of 2018.	
LAST WEEK'S HIGHLIGHTS		NATIONAL FIELD HOCKEY COACH RANKINGS	
URWS VS WASHINGTON UNIVERSITY-ST LOUS ON OCT. 1		1.	Messiah College
Women's Soccer earned their first victory on Saturday against Washington		2.	Bowdoin College
University in St. Lous. Jean Chakmakas and Jorie Freitag combined for Rochester's three goals to top the Bears 3–1.			Middlebury College
CURE CANCER FIELD HOCKEY GAME @ NAZARETH ON SEPT 28			Salisbury College
UR Field Hockey teamed up with the Nazareth Golden Flyers to raise money and awareness for childhood cancer. The Yellowjackets were once again victorious, defeating Naz 3–0.		5.	Franklin & Marshall College
		6.	Tufts University
		7.	Ursinus College
URVB VS RIT ON SEPT 28			Babson College
URVB defeated rivals RIT 3–0 on Wednesday night. Alara Kocak had a standout performance, posting 16 kills. The 'Jackets are now 11–5.		9.	University of Rochester
standout performance, posting to k	is. The Jackels are now TT=J.	10.	Skidmore College
MEN'S SOCCER VS ALFRED ON SEPT 27			The College of New Jersey
The Yellowjackets earned a victory over Alfred 1–0 on Tuesday, Sophomore		12.	William Smith
	the night. The 'Jackets are now 7–1.	13.	Amherst College
		14.	Montclair State
		I	